

THE
WARRIOR WAY



STUDY GUIDE

Chapter 1
Under Attack

Ephesians 6:12

12For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in highplaces.

Everyone reaches a point in their life when their faith is tested. In the midst of these trials is when we come to the full understanding that no matter how good we are, our best will never be enough. It is the time when we realize how much we truly need God. This study guide is designed to help you work through your own fears, disappointments, frustrations and battles.

While the trouble in everyone's life may look different, the battle is EXACTLY the same. We must always remember that Satan is our enemy. He seeks you out like a roaring lion ready to devour. He does not care about you, and he wants your total destruction. He rarely reveals himself to you clearly. He could disguise himself in the form of a person's actions toward you, the actual person is NOT the enemy. He may, perhaps, come through a feeling of despair, frustration, depression, anger, resentment, sickness, hurt and pain. He always comes through some sort of fear. We will address these issues in more depth later in the study, but for right now lets make sure you are clear on the meaning of words we will be using regularly in this study. You may Google the meaning of these words or do it the old fashioned way and look them up in the dictionary.

Fear: _____

Anger: _____

Despair: _____

Depression: _____

Anxiety: _____

Faith: _____

Believe: _____

Joy: _____

Happiness: _____

Peace: _____



Great! You did it. If you look back at those terms, you will notice that the first part of the vocabulary deals with the negative aspects and emotions of life. When you are in bondage, it is usually to something you would encounter in those first definitions. The second part of the list are words that bring freedom and victory. It goes without saying that people generally desire to live their life in complete and total freedom and yet most people walk around in complete bondage.

Today you will begin the process of breaking your bondage and living in full freedom. To begin with you will need to take a personal inventory evaluation. Answer the following questions.

1. What brings you joy? _____

2. What do you despise? _____

3. If you could change one thing about your life, what would it be?

4. What situation in your life are you fully satisfied with and you wouldn't change? _____

5. If you could ask God to help you with one area of your life and you knew He would answer, what would it be? _____

This personal inventory is your beginning. If it was difficult to complete, DO NOT worry. Your personal victory has already been completed through Jesus Christ. You are at the beginning of an exciting and victorious journey. However, you MUST take personal responsibility for your own victory. God can give you guidance, direction, love, peace and victory. It is your responsibility to SEEK so you can find and learn to BELIEVE so you can receive. For today, take this scripture as your sword to fight off Satan. Read it, quote it, stand on it and believe it!

Philippians 4:6-7 (NKJV)

⁶“Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; ⁷and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.”

Chapter 2

A Man of Honor

⁶ Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time,⁷ casting all your care upon Him, for He cares for you.

1 Peter 5:6-7 NKJV

Have you ever had a time in your life when you felt like a bad situation just got worse?

Take a minute and explain. _____

Where did you feel God was in all your trouble? _____

There may be a time in your life that your troubles feel like they are consuming you. You may feel like there is no answer for your situation. Depending on where you are on your walk with Christ, the answer to this question may vary a great deal. However, according to the Bible, we should have all come up with a similar answer. Lets look at what the Bible says about our God. Look up some scriptures. Go to **www.openbible.info/topics**. Put the words "**does God change**" in the search box. What have you discovered? List scripture reference and write your thoughts.

What is the truth about God?

If you doubt God's goodness, you must deny all those thoughts. Renew your mind with the truth of God's love. Begin to cling to the truth of God. It is this truth that will set you free.

If what the Bible says about God is true, God is a good. God does not change. He is always there and always in control even in the middle of your trouble. God is love. He is our guard. He actually fights off enemies that you can not see. No matter how bad things get for you, they could have gotten worse.

Let's take a minute to give credit where credit is due. Check out these following verses.

What does the Bible say about the devil? Go to <http://www.openbible.info/topics> , type in the word "[Satan](#)" or "[devil](#)" and see what the Bible says about your adversary.

Record your findings. List scripture references and the overall message of the scripture.

Wow! Don't you hate Satan a little more? Satan is the cause of all your trouble. He is the one lurking around the corners waiting for an opportunity to pounce. Satan is the one who hates you and will stop at nothing to destroy you. Yet, why do so many people blame God for their troubles? God is not the enemy. God provides for you and protects you. God is fighting on your behalf, even when you cannot see it.

The bad news is that you have an enemy that will stop at nothing to destroy you. The GOOD NEWS IS.. . You have a God who has already fought Satan and has WON!!! Therefore, if you are a Christian, you have the winning Spirit of God in you. Since He wins, you WIN!! Hallelujah

Now go back to the Open Bible website and put the words "[victory in Christ](#)" in the search box. What you find will be your encouragement for the day. Record your findings and your thoughts.

Chapter 3

Where I End, God Begins

Zachariah 4:6

'Not by might nor by power, but by My Spirit,' saith the Lord of hosts.

This is a time for reflection. The words you heard when growing up have a tendency to dictate the direction your life has taken. The power of suggestion is very influential. If your parents or guardian suggested or affirmed that you were special and you could do anything you put your mind to, you will grow up believing you can do anything. The opposite is true as well. If your initial programming was one of pain and discouragement and being told you were worthless, you either bought into the lie and are living what you were told. or you are spending your life striving to prove your programmers wrong.

Whether you were affirmed or you were beaten down as a child, there comes a point in life that you must understand: 1. Your best will never be good enough. 2. You are more than enough.

The following scriptures will explain what that means.

[Zachariah 4:6](#) _____

[Ephesians 2:8-9](#) _____

[Romans 3:23-24](#) _____

[Deuteronomy 20:4](#) _____

[Philippians 4:13](#) _____

[2 Corinthians 9:8](#) _____

As you can see from the above scriptures, there is one factor that separates us from never being good enough to fully succeeding and being MORE than enough.

What is that factor? _____

Now would be a good time to engage in some reflection. This is very difficult to do in such a fast pace society. However, please take the time to do this. It is an intricate part of prayer. Get your spirit ready to hear what God wants to say.

- 1 Find an isolated place where you can be away from noise and activity.
- 2 Settle your physical body down. Take a few deep breaths to slow your heart rate down. Relax your muscles in order to release physical stress on your body.
- 3 Clear your mind of all negative activity and for one moment replace your negative thoughts with words of gratitude. "Thank you God for loving me so much." (repeat over and over until you feel more peaceful)
- 4 Thank God that He is revealing His wisdom to you today.
- 5 Think about the areas in you life you have felt you did not need God's help. If you think about this long enough you may be surprised at your answers.

Record your thoughts.

6. Now reflect on the areas that you feel like you are unworthy to ask for help. Go ahead and ask for help at this time. _____

What lie of Satan have you been listening to? _____

What is the truth according to God that contradicts the lie you have been listening to? Use scripture references.

Remember: (make this your daily affirmation)

Today God is fighting for you on your behalf in places you can not go and areas that you can not see.

Chapter 4

The Sword

“All God’s promises are yes and amen.”

2 Corinthians 1:20

What does it mean to you when you hear the statement, “The Word of God is your weapon”?

Let’s take a minute to think about this . A weapon is generally used to fight off your adversary. A warrior’s weapon is vitally important to win any battle he is engaged in. A warrior would never dream of intentionally going onto a battle field without his weapon. And yet, Christians find themselves stepping into a battlefield nearly every day of their lives without equipping themselves with their weapon to fight off their disparaging enemy.

What keeps you from using your weapon (Bible)? List some reasons

What would it take to get you more excited about engaging the Word of God?

Do you believe that the Word of God is true? _____

What goes through your mind when you hear, “I can do ALL things through Christ who gives me strength”?

Chapter 5

Drawing your Sword

Hebrews 4:12 NKJV

¹² For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart.

Now you are going to learn how to use your Bible as a Sword in order to fight off Satan and win every time. I hope you are as excited as I am. The basic concept is to describe, in detail, the trouble you are having.

Now take this problem and narrow it down to one basic word or phrase that describes what is going on in your life or in your mind. (the fewer the words the better)

Now take that word and go to the Bible to see what the word of God has to say about your trouble. You can use a Bible concordance or you can go to www.openbible.info/topics or a similar web site and put in your search. Now it is your turn to do the research. You are the only one that really knows what is going on inside of yourself. You are the only one who knows which scriptures speak to you and your heart. You are the one that feels the transforming power when you read a scripture that resonates with your spirit. Record the scripture that fights your battle. I recommend as many scriptures as possible. Every scripture you come up with is additional proof that God is in control and He is fighting your battles for you.

Your battle	Your SWORD Your scriptural proof that God is fighting for you and God has won.
You have disabling anxiety over your responsibilities at work, school and home. ANXIETY: FEAR	<u>Philippians 4:6-7</u> Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Swinging Your Sword

Romans 10:9 NKJV

⁹ that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved.

Now that you have all your weapons gathered it is time to learn what you need to do with them in order to achieve your total victory. The Bible says that in order to be saved we need to first confess with our mouth, then believe that what we just said is true. Seems simple enough, not so easy to do. Here is what I do in order to make these powerful scriptures personalized to me.

[Deuteronomy 20:4](#) ESV For the Lord your God is he who goes with you to fight for you against your enemies, to give you the victory.'

My statement: God goes with me and fights for me against my enemies and I have victory!

[Psalm 108:13](#) ESV With God we shall do valiantly; it is he who will tread down our foes.

My statement: I am brave, because God is the one who fights down my enemies.

[Isaiah 41:10](#) ESV Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.

My statement: I will not fear for God is with me. God is strengthening me and helping me. He upholds me with His righteous right hand.

It is your turn to transform your scriptures into personal statements that neither you nor the devil can argue with..

Scripture: _____

My statement: _____

Scripture: _____

Chapter 7

Living in the Sword

1 Thessalonians 5:23 NKJV

²³ Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ.

After reading the chapter can you describe the following to your best ability.

Man's spirit:

Man's soul:

Man's physical body:

Remember, God's Spirit comes to live within man's spirit. His Spirit is a gift of grace, and it fully and completely saves you. Your soul is the rudder of the ship. Your soul is your mind, will and emotions. It decides where you put your attention. If you put your attention on wicked and unrighteous things, your body is going to follow the direction your mind tells it to go. You will find yourself in conflict with the Holy Spirit in you, and you will not have the joy and peace the Bible promises.

Tell what you know about the following:

Eye gate: _____

Ear gate: _____

Mouth gate: _____

What is the importance of these three gates when it comes to following in God's steps and being lead by His Spirit? _____

Although this next task can be extremely difficult, I believe it is a life changing activity. Use Philippians 4:8 to filter everything you say and do.

Philippians 4:8 “⁸Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things.”

List the areas that God may want you to guard yourself in: The first part are actions I want to STOP doing. The second half are actions I want to START doing.

Mouth Gate: What you say or what you bring into your body through your mouth.	Eye Gate: What you watch or witness:	Ear Gate: What you listen to:
My alternative actions or statements	This is what I am going to watch instead	This is what I will listen to instead

Chapter 8

Organizing Your Swords

“Tabbing Your Bible”

“But in your hearts revere Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect” 1 Peter 3:15

In this section you will learn how to tab and mark your bible in order to use it as a functional tool.

You will need:

Pencil, Bible highlighting pen, Post it TABS. It is important you use tabs, not flags

STEP 1: Depending on the size of your bible, you should pick 3-4 categories of issues that are important to you. Remember this is your Bible, so these subjects should be selected to fight your personal battles. Be relatively general with your subject so many scriptures will fall under these categories. However, be specific enough that you understand exactly what you are looking for when you go back to them as references. Categories could be:

Fear free living, Wisdom, God’s love, Forgiveness, Provision/Protection , Faithful living, Healing, Children’s salvation

Make a list of the bible scriptures you chose earlier in this study. These are the scriptures you are using to fight your battles. Once you have recorded the scripture, write the category which best describes the battle it is fighting for you.

Continue on another piece of paper if you need to.

Scripture	Confession	Category
Psalms 16:11	You will show me the path of life: in Your presence is fullness of joy; at Your right hand are pleasures forevermore.	Wisdom or Comfort (this scripture may mean something different to you. The category is chosen by what the scripture means to you)

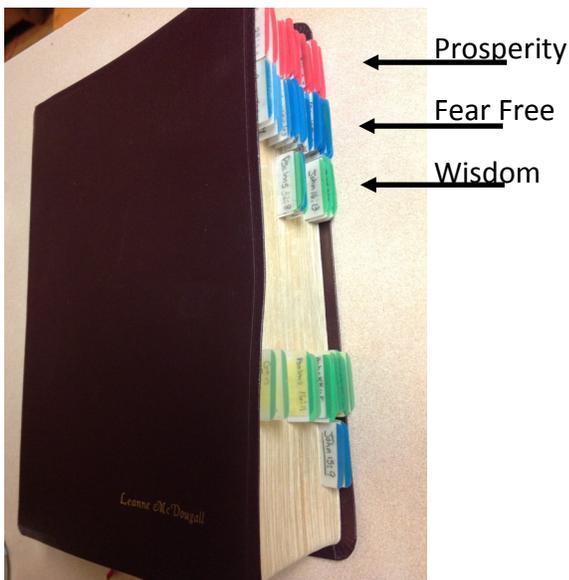
STEP 2:

- You will need something like “Post It” tabs. Keep your tabs very orderly. Physical clutter is fatiguing, and you don’t want your Bible to look cluttered. Keep like scripture with like scripture in the same column and keep them in the same color of tab.
- Write the scripture reference on the tab which will make it easy and fast to look up.

STEP 3:

- Take a minute to highlight the scripture so your eye is immediately taken to the right place.
- On the inside cover of your Bible, make a “key” so you remember what your tabs mean.

Example: Red = Prosperity and Blessings
 Blue = Fear Free Living
 Green = Wisdom



Philippians 4 ESV

4 Therefore, my brothers,^[a] whom I love and long for, my joy and crown, stand firm thus in the Lord, my beloved. **2** I entreat Euodia and I entreat Syntyche to agree in the Lord. **3** Yes, I ask you also, true companion,^[b] help these women, who have labored side by side with me in the gospel together with Clement and the rest of my fellow workers, whose names are in the book of life.

4 Rejoice in the Lord always; again I will say, rejoice. **5** Let your reasonableness be known to everyone. The Lord is at hand; **6** do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. **7** And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

8 Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things. **9** What you have learned and received and heard and seen in me—practice these things, and the God of peace will be with you.

This image shows a Bible that is tabbed

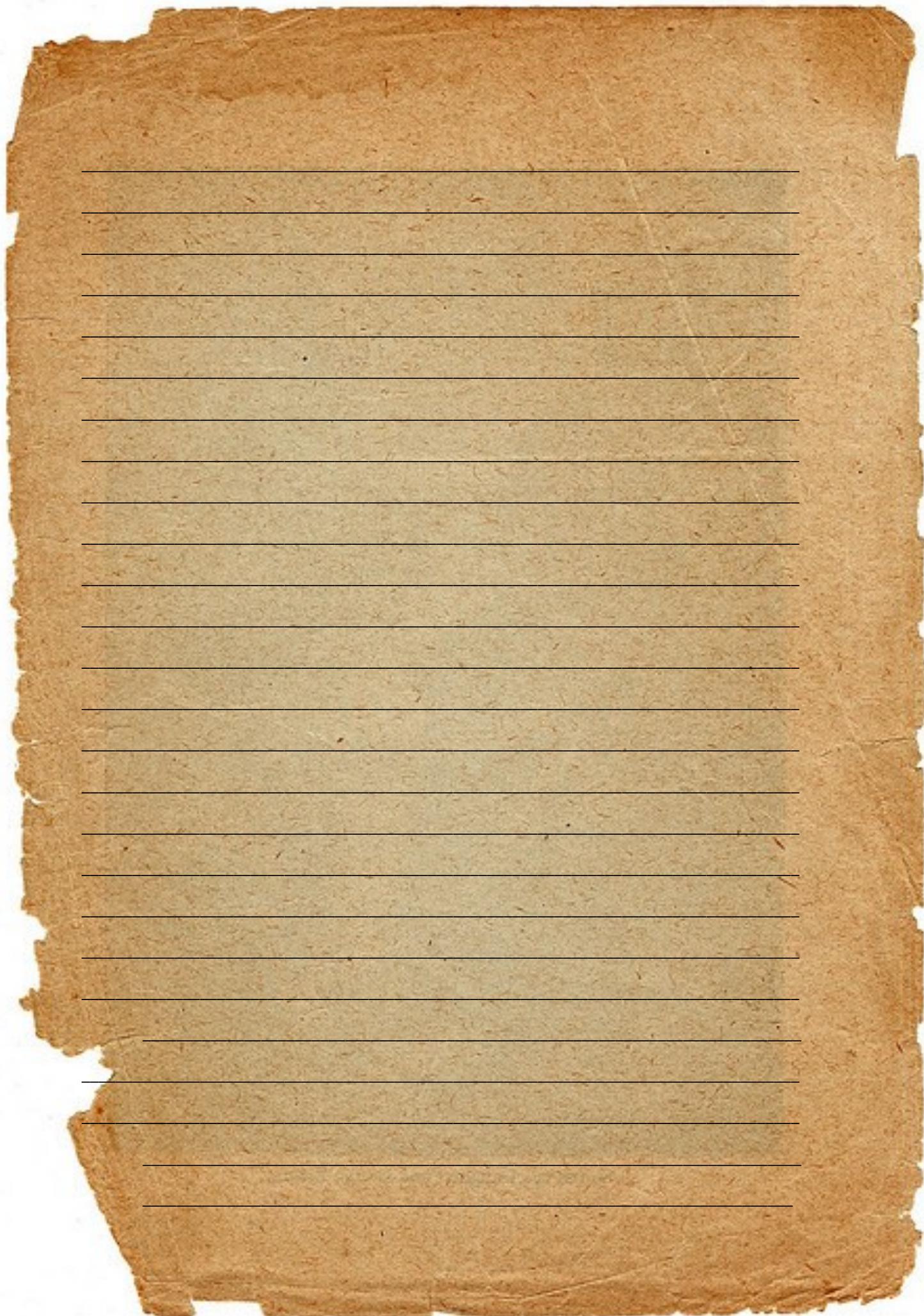
This image shows a passage in the Bible highlighted
Fear Free Living

STEP 4

- Re-read your feature scripture
- Now, read the whole passage. Make sure you are reading your scripture in context. In addition, check out verse 8 and 9. Then read the whole chapter.
- This is a powerful and meaningful way to ready your Bible.

Step 5

- Finish up with prayer



Chapter 10

Victory!

“And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.” Romans 12:2

Now, read Ephesians 6:10-18. Answer the following questions.

What does the helmet represent? _____

How does God’s salvation affect you in your life _____

For extra enhancement and enlightenment, research the difference between the word salvation and God’s salvation. You can use the internet to research your answer if you like.

What is the breastplate? _____

What does righteousness mean? _____

How do you achieve righteousness? _____

Note: righteousness was achieved differently in the Old Testament than it is in the New Testament. We live in God’s New Covenant of Grace. Remember this piece of information, does that change your answer at all?

Righteousness is only achieved through God’s Grace. His righteousness makes us righteous.

What is the shield? _____

What is faith? _____

Read Hebrews 11:6

Ephesians 2:8-9

What is the difference between having faith and believing?

In short faith is an attribute we receive from God. Faith is what God gives. It is our job to believe. If believing is difficult for you to do, it is vitally important that you research the scriptures in order to gather your swords that will help you believe. This activity alone will change your life in a profound way. Remember you must take personal responsibility to renew your own mind.

What does the belt represent? _____

What is the only thing that is absolute truth? _____

How do you personally live in God's truth? _____

What is the sword? _____

What have you learned about the Word of God through this study? _____

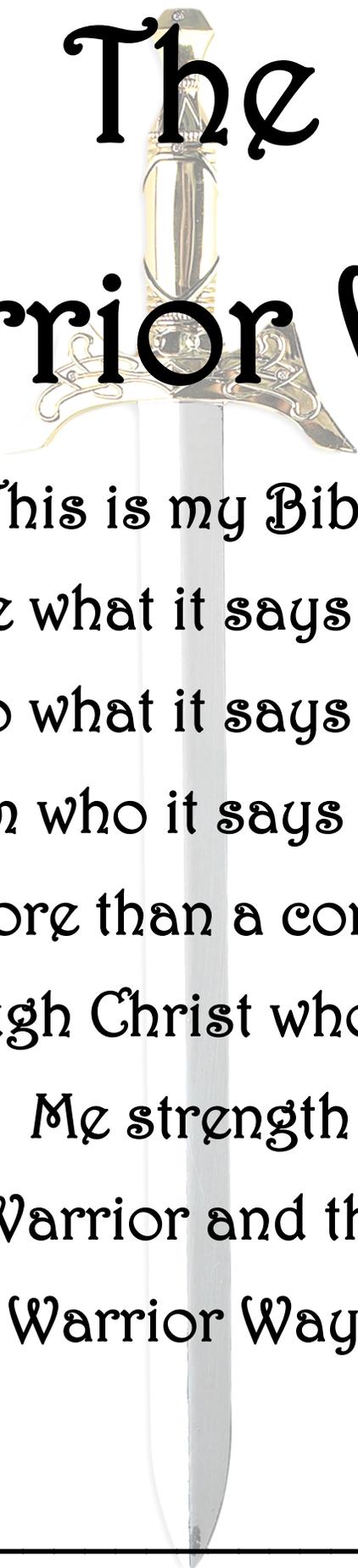
What are the feet shod with? _____

Gospel means "Good News". The Good News is that Jesus came and gave His life. He shed His blood to pay a price for sin that none of us could ever pay. The Good News is that because Jesus died and rose to life to live eternally. We DO NOT have to die but live eternally. If this information about Jesus does not excite you and humble you, you do not understand the full meaning of what God has done through His Son Jesus. Fortunately, if you desire to understand this better, God is more than willing to teach you. All you have to do is ask.

If, however, this information moves you and you are eternally grateful for what God has done, one way you can show your gratitude toward God is to spread the News. First with your actions. People should know that there is something different about you. Then with your words. If you feel the prompting from God to give an answer for your faith, you must be ready with an answer.

You may also consider speaking to a spiritual leader about training you on how to share your faith. Remember, you can not give away what you do not have. This book is to train you how to live in your own personal freedom. When you find your freedom, you feel more compelled to share with others.

For now, your job is to become a Warrior so that you can share with others The Warrior Way.



The Warrior Way

This is my Bible

I have what it says I have

I can do what it says I can do

I am who it says I am

I am more than a conqueror

Through Christ who gives

Me strength

I am a Warrior and this is the

Warrior Way!

Signature _____